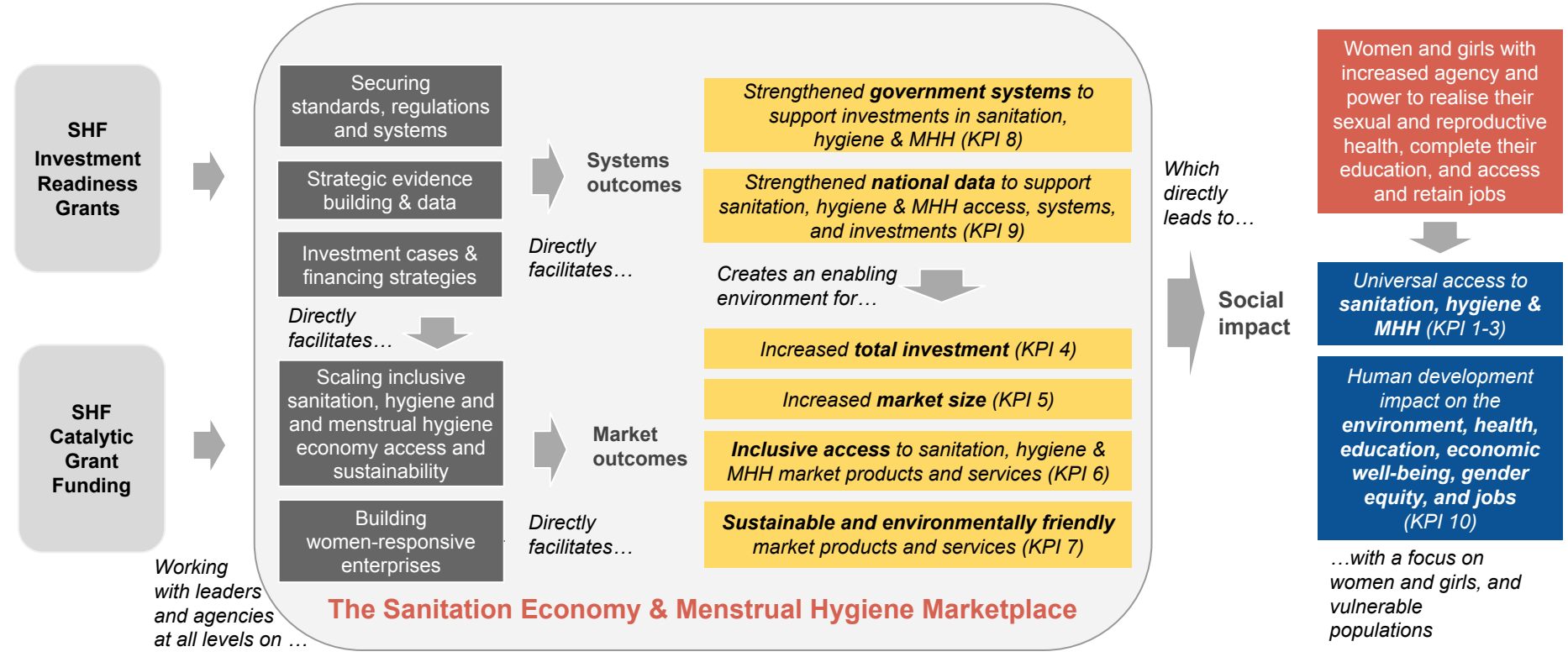SHF Theory of Change