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Case Management, GBVIMS/GBVIMS+ and the COVID-19 pandemic

Purpose

This guidance note aims at providing practical support to case management service providers on how to adapt their response in the context of the COVID-19 pandemic. This guidance note includes two parts: The first focuses on guiding service providers through the process of adapting their case management programmes to the needs arising from the COVID-19 pandemic based on a number of scenarios. The second part focuses on the use of GBVIMS and/or Primero/GBVIMS+ in relation to these different scenarios. This guidance note complements the GBV AoR Helpdesk note “[GBV Case Management and the COVID-19 Pandemic](#)”¹.

Background

History has demonstrated that crises such as disease outbreaks affect women and girls differently to men and boys, and in ways that place women and girls at greater risk of GBV, particularly in contexts where gender inequality is already pronounced. They can include increased exposure to intimate partner violence due to tensions in the home in the face of dwindling family resources and under confinement conditions, while the economic impact can place women and girls at higher risk of sexual violence and exploitation². Women’s rights organizations, researchers, and service providers across the globe are already reporting increases in GBV incidents reported to them since the COVID-19 outbreak, including in countries most directly affected³. It is clear, however, that most cases of GBV will remain unreported due to the lack of available, safe, ethical and quality responses services as well as fears of stigmatization, reprisal, and lack of access to appropriate information on seeking help. These existing barriers will be further compounded by the inundation of health services responding to the COVID-19 outbreak, and restrictions to movement and physical socialization resulting from national government responses to contain and control the spread of COVID-19. Ensuring that women and girls can access GBV support services remains a critical and lifesaving activity. At the same time, maintaining the health and wellbeing of GBV caseworkers and contributing to rigorous efforts to stop the pandemic are of critical concern, a present a challenge to traditional modes of GBV service delivery. A flexible and adaptive approach is needed to ensure that life-saving services continue to be made available without compromising the safety of GBV caseworkers or survivors⁴.

¹

<http://www.sddirect.org.uk/media/1882/guidance-on-gbv-case-management-in-the-face-of-COVID-19-outbreak-final-draft.pdf>

² https://asiapacific.unfpa.org/sites/default/files/pub-pdf/COVID-19_A_Gender_Lens_Guidance_Note_3.pdf

³ Impact of COVID-19 Pandemic on Violence against Women and Girls, VAWG Helpdesk Research Report:

<https://gbvguidelines.org/wp/wp-content/uploads/2020/03/vawg-helpdesk-284-COVID-19-and-vawg.pdf>

⁴ GBV AoR Helpdesk note “GBV Case Management and the COVID-19 pandemic”.



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COVID-19 is a respiratory virus. The way in which the virus is transmitted, its level of potency in a country at a particular time, the stark differences and exponential changes in national government responses - all demand a higher level of flexibility, and a more layered approach to GBV case management service delivery than in past epidemics.

Decisions about whether to continue static, face-to-face case management services, scale down, or dramatically change in favor of other modalities such as remote case management, will depend on a number of factors including:

- **The type of national response to the coronavirus.** Different government responses will imply various levels of risks and restrictions to GBV service delivery that make some modes of service delivery more possible than others.
- **Resources (including donor flexibility)** for the service provider to maintain stringent IPC⁵ standards at all stages of the pandemic, and in preparation for more advanced stages.
- **National government guidance and policies** that affect freedom of movement, ease of obtaining official permissions including formal exceptions which are required to operate static services in the event of national lockdown.
- **Risks and *perceived* risks for staff and others:** It is critical to weigh actual risks not only to the health of staff, but to the health of others whom may be exposed by the delivery of services, including movement to and from. In addition, *perceived* risks also affect staff and clients.
- **Location of static services:** GBV case management services situated within official clinical settings are more likely to be able to provide static, face-to-face services for the duration of the pandemic.
- **Organizational policies:** Each service provider interprets government guidance and policies in a more or less flexible manner, which can influence service provision.

Adapting GBV case management to the context of the COVID-19 pandemic

The below diagram and checklist are based on and designed to complement the [GBV Area of responsibility \(AoR\) Research Query on GBV Case Management and the COVID-19 Pandemic](#)⁶. The *Research Query* provides a more detailed layout of possible COVID-19 national strategies to respond to the spread of the virus, and their implications for GBV service providers and GBV case management service provision.

⁵ Infection, Prevention and Control.

⁶

<http://www.sddirect.org.uk/media/1882/guidance-on-gbv-case-management-in-the-face-of-COVID-19-outbreak-final-draft.pdf>





The below diagram represents the **different models for case management service provision** that can be considered based on scenarios for the COVID-19 pandemic and their possible impact on service provision. These are based on The assumption of a possible gradual scale-up of national measures to respond to the pandemic, which may range from minimal measures meaning that static face-to-face GBV case management services can largely continue, through to tougher restrictions on movement and assembly, making face-to-face case management challenging.

The four suggested models for case management adaptation are based on how programs are likely to adapt service provision based on the possible different phases of response outlined above. These include: (1) continuation of face-face static service provision, (2) shift to remote service provision, (3) shut down of services and (4) sudden lockdown that requires immediate adaptation of service provision.

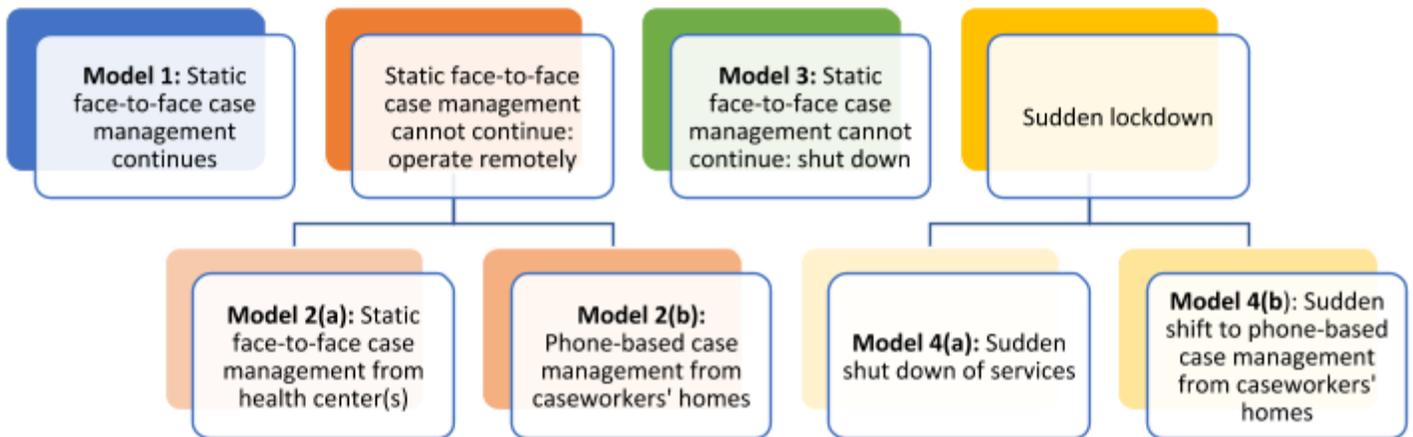


Figure 1 Suggested models of GBV case management according to national response strategies to COVID-19

Organizations will need to prepare; in the context of COVID-19 the shift from one modality to the other is quite rapid. Organizations need, therefore, to have a plan in place to rapidly adjust.

The below checklist highlights considerations to include in GBV response programming based on the different models highlighted above. Items in **red** are directed towards service providers as well as GBV Sub-Sector/Sub-cluster coordinators for inter-agency response⁷. Organizations need to have a plan in place to rapidly adjust to these changes in their programmes.

⁷ If models 1, 2(a), 2(b) and 4(b) are not applicable or not safe for survivors and case workers, organizations will have to consider moving to suspension of services (or reduction of services focused on case closure) – models 3 or 4(a).



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Models	Prerequisites ⁸	Recommended actions
<p>Model 1: Static face-to-face case management continues</p>	<ul style="list-style-type: none"> • Social/physical distancing measures can be implemented in the center to ensure safety of staff and survivors. • IPC⁹ procedures can be implemented in the center. 	<ul style="list-style-type: none"> • Update referral pathways with a focus on health service providers as these are most likely to require mitigation or lockdown. Inform key community members about the updated pathways. • Set up or identify existing hotlines in preparation of service provision¹⁰ • Prepare for shifting to phone-based case management: are caseworkers prepared to handle GBV disclosures? Are referral pathways? Is there an induction plan for new caseworkers that includes GBV emergency case management concepts?) • Put a plan in place, if possible, shifting to remote service and technical support for non-GBV staff in medical centers is being considered depending on the evolving situation. Do not provide services in health centers: check safety of staff and survivors, availability of female case workers, data in health center, etc.) • Identify GBV staff or focal points working with health facilities who can provide survivors with crisis response and specialized response. • In preparation to shift to phone-based case management: ensure phones and credit (including data bundle) for caseworkers, supervisors, and if needed also procure charging stations with poor/unreliable power. • Draft / update an internal organizational communication plan for support for caseworkers in the interests of duty and safety of survivors. • Caseworkers discuss the changing climate and needs of survivors. • Caseworkers review safety plans with survivors, especially those living with their abusers, consistent with the shift to phone-based case management. • Discuss safe storage for existing paper files in the event of lockdown and data storage protocols for digital files. Management • Collect phone numbers of survivors and store them separately from the case files.

⁸ If these conditions are not there, programs should consider shutting down and resorting to functioning services for referrals based on the 'do no harm' principle.

⁹ Infection, Prevention and Control.

¹⁰ GBV AoR, Guidance note on remote service mapping.



		<ul style="list-style-type: none"> ● Obtain informed consent of survivors to potent case management. ● Inform communities on the availability of safe phone-based services and on the modalities to survivors wishing to access care for the first time services if they are shifted to phone-based.
<p>Model 2(a): Static face-to-face case management from health center(s)</p>	<ul style="list-style-type: none"> ● A confidential and safe space is available in the health center to provide GBV case management services. ● Caseworkers are already or can be deployed in health facilities. ● Social/physical distancing can be implemented in the health facility to ensure safety of staff and survivors. ● IPC procedures can be implemented in the center. ● Locked cabinets are available in the case management room in order to store consent forms and case files separately. ● At least one female caseworker is available to provide case management services. 	<ul style="list-style-type: none"> ● Train receptionist and medical staff on how to (e.g. GBV basic concepts, confidentiality, a survival and GBV guiding principles; referral to services functional such as helplines, etc.) ● Disseminate information on availability of service pathways in health centers through SMS, WhatsApp communication means.
<p>Model 2(b): Phone-based case management from caseworkers' homes</p>	<ul style="list-style-type: none"> ● Caseworkers feel safe and comfortable offering case management services from their homes and over the phone. ● Caseworkers have a private and confidential space available in their homes to speak to survivors over the phone. ● Living conditions of caseworkers have been assessed by supervisors as being safe and confidential to conduct phone-based case management. ● Caseworkers have obtained informed consent from survivors to conduct phone-based case management. ● Caseworkers have assessed with survivors that they feel safe being contacted by phone 	<ul style="list-style-type: none"> ● Caseworkers store survivors phone numbers u Phone numbers connected to survivors' codes personal phones. Separate information on survivors' names & other identifying information paper in a locked cabinet/drawer or in password form on desktop. ● Caseworkers can store survivors' case files in d tool (e.g. Primero/GBVIMS+). Alternatively, no a survivor's case should be documented in work confidentiality. Do not store case files inform homes¹¹. ● Caseworkers shift to emergency case management planning, especially for IPV¹³ survivors.

¹¹ This recommendation is meant for immediate transition to home-based case management and based on best practices. Each organization should decide how to adapt this guidance should this situation last for longer period of time and adapt their services and data protection accordingly.

¹² See IRC's Emergency Preparedness and Response Handbook, pp. 46-49 :

<https://gbvresponders.org/wp-content/uploads/2018/04/GBV-Emergency-Preparedness-Response-Participant-Handbook.pdf>

¹³ Intimate Partner Violence.



	<p>for case management services based on their living conditions (e.g. live with an abusive partner, space to isolate to speak confidentially, working hours, etc.)</p> <ul style="list-style-type: none"> • Phone credit (and data bundle) is made available to caseworkers and plans are made for remote refills of credit for at least a 2 month period. 	<ul style="list-style-type: none"> • Ensure availability of updated referral pathways and consider that listed services follow WHO recommendations of IPC measures and social/physical distancing • Review Case Management SOP to include regular check-ins with caseworkers¹⁴. • Review Case Management SOP to include staff support strategies that can be implemented remotely. Supervisors are encouraged to have daily contact with caseworkers to discuss experience and encourage them to actively reach out for support and psychosocial support and mental health professional services. • Information is disseminated to the community through accessible communication management services through accessible communication channels.
<p>Model 3: Static face-to-face case management cannot continue: shutdown occurs</p>	<ul style="list-style-type: none"> • Procedures for handover top operational services if any, referral and closure of cases are in place. • Implement data evacuation plans if existing or agree on data evacuation of case files based on data protection checklist if case files cannot be safely stored in the center/office¹⁶. 	<ul style="list-style-type: none"> • Supervisors are encouraged to check in with caseworkers to monitor their wellbeing¹⁷. They can establish a support network for caseworkers. • Caseworkers inform survivors about the services they obtained consent to contact them by phone. Information about the shutdown can be done through various channels. If possible, safety of staff and survivors is ensured, and distancing measures are in place. • Caseworkers refer survivors, upon their information that services are still operational. Alternatively, they inform survivors they need help. • Plan for awareness raising-activity at the end of the shutdown in communities in which they work that services have resumed through a variety of communication means.
<p>Model 4(a): Sudden shutdown of services</p>	<ul style="list-style-type: none"> • Implement data evacuation plans if existing or agree on data evacuation of case files based on data protection checklist if case files cannot be safely stored in the center/office¹⁹. 	<ul style="list-style-type: none"> • Case management supervisors are encouraged to check in with caseworkers to monitor their wellbeing²⁰. They can establish a support network across caseworkers²¹.

¹⁴ Supervisors should plan for regular individual and/or group sessions. Group supervision could be organized through online platforms such as WhatsApp, Skype or Zoom. Supervision tools can be found in the Case Management Guidelines (2017), pp.161-162 and annexes here:

http://www.gbvims.com/wp/wp-content/uploads/Interagency-GBV-Case-Management-Guidelines_Final_2017.pdf

In addition, if Primero/GBVIMS+ is rolled out, supervisors can conduct remote case files review by using functionality such as custom export, case plan/closure approval, and flags.

¹⁵ Staff care tools can be discussed between caseworkers and supervisors – such as Self-Care inventory available in Module 19 of the Case Management guidelines training material: <https://gbvresponders.org/response/gbv-case-management/>

¹⁶ See Data Protection checklist here : <http://www.gbvims.com/wp/wp-content/uploads/DATA-PROTECTION-CHECKLIST.pdf> and Data Protection Agreement Protocol here: <http://www.gbvims.com/wp/wp-content/uploads/DATA-PROTECTION-PROTOCOL.pdf>

¹⁷ Cf. footnote above.

¹⁸ For example, they can create WhatsApp groups to monitor daily wellbeing of all staff.

¹⁹ See Data Protection checklist here : <http://www.gbvims.com/wp/wp-content/uploads/DATA-PROTECTION-CHECKLIST.pdf> and Data Protection Agreement Protocol here: <http://www.gbvims.com/wp/wp-content/uploads/DATA-PROTECTION-PROTOCOL.pdf>

²⁰ Cf. footnote above.

²¹ For example, they can create WhatsApp groups to monitor daily wellbeing of all staff.





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	<ul style="list-style-type: none"> ● Review existing or revised data evacuation plans and assess what can be done remotely or if someone can access the center/office to ensure safety of case files. ● Review all considerations from model 3 	<ul style="list-style-type: none"> ● If caseworkers have survivors' contacts, if possible contact them by phone and if it is assessed safe, inform them about the shutdown of services – ● If caseworkers do not have survivors' contacts, on other available services through social media populations (e.g. registered refugees/IDPs), WhatsApp communication means.
<p>Model 4(b): Sudden shift to phone-based case management from caseworkers' homes</p>	<ul style="list-style-type: none"> ● Implement data evacuation plans if existing or agree on data evacuation of case files based on data protection checklist if case files cannot be safely stored in the center/office²². ● Review all consideration from model 2(b) ● Review existing or revised data evacuation plans and assess what can be done remotely or if someone can access the center/office to ensure safety of case files. 	<ul style="list-style-type: none"> ● Case Management supervisors are encouraged to encourage caseworkers to monitor their wellbeing²³. They can monitor their network across caseworkers²⁴. ● If caseworkers have survivors' contacts, if possible contact them by phone and if it is assessed safe, contact them about the shutdown of services – refer to model 2(b) ● Inform communities of the shutdown of services and provide information on how to access remote services.

Adapting GBVIMS and Primero/GBVIMS+ to national responses

The below tables presents the adaptation to the GBVIMS and/or Primero/GBVIMS+ for the models outline on page 1 of this guidance note. For models 2(a), 2(b) and 4(b):

²² See Data Protection checklist here : <http://www.gbvims.com/wp/wp-content/uploads/DATA-PROTECTION-CHECKLIST.pdf> and Data Protection Agreement Protocol here: <http://www.gbvims.com/wp/wp-content/uploads/DATA-PROTECTION-PROTOCOL.pdf>

²³ Cf. footnote above.

²⁴ For example, they can create WhatsApp groups to monitor daily wellbeing of all staff.





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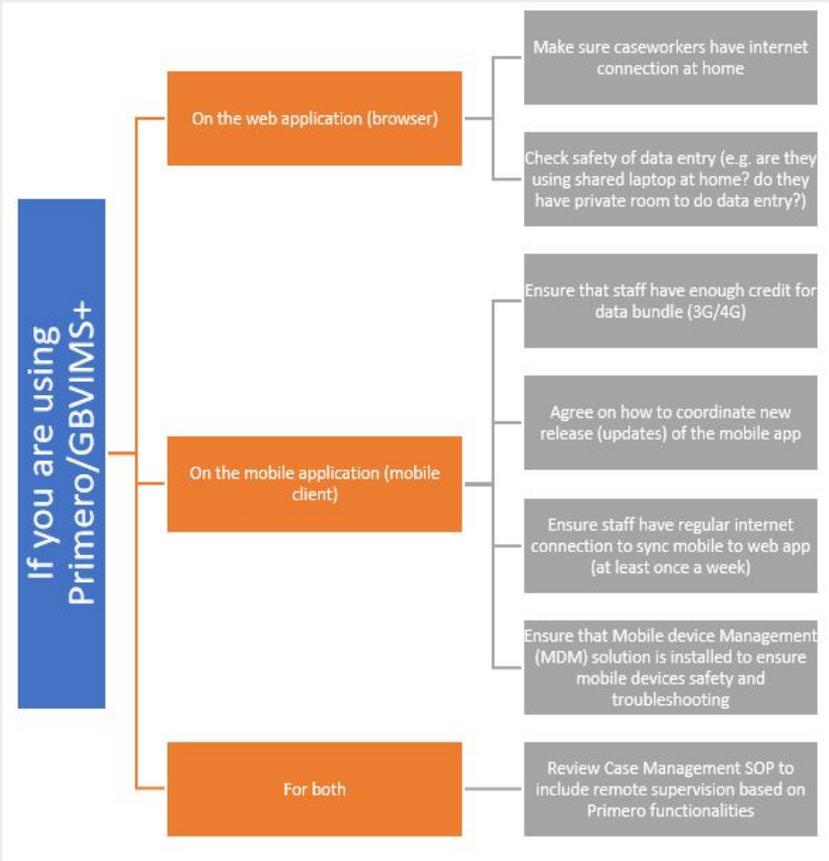


Figure 2 Adaptation to the GBVIMS and/or Primero/GBVIMS+ for models 2(a), 2(b) and 4(b)

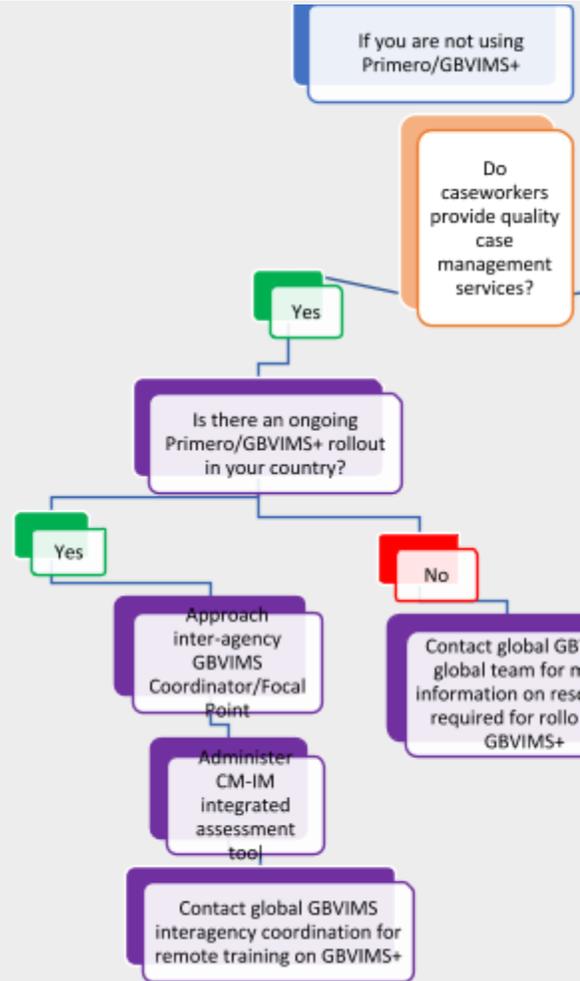


Figure 3 Adaptation recommended for non-Primero



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For models 1, 2(a), 2(b) and 4(b): If you are using GBVIMS and are a Data Gathering Organization (DGO) / Service provider

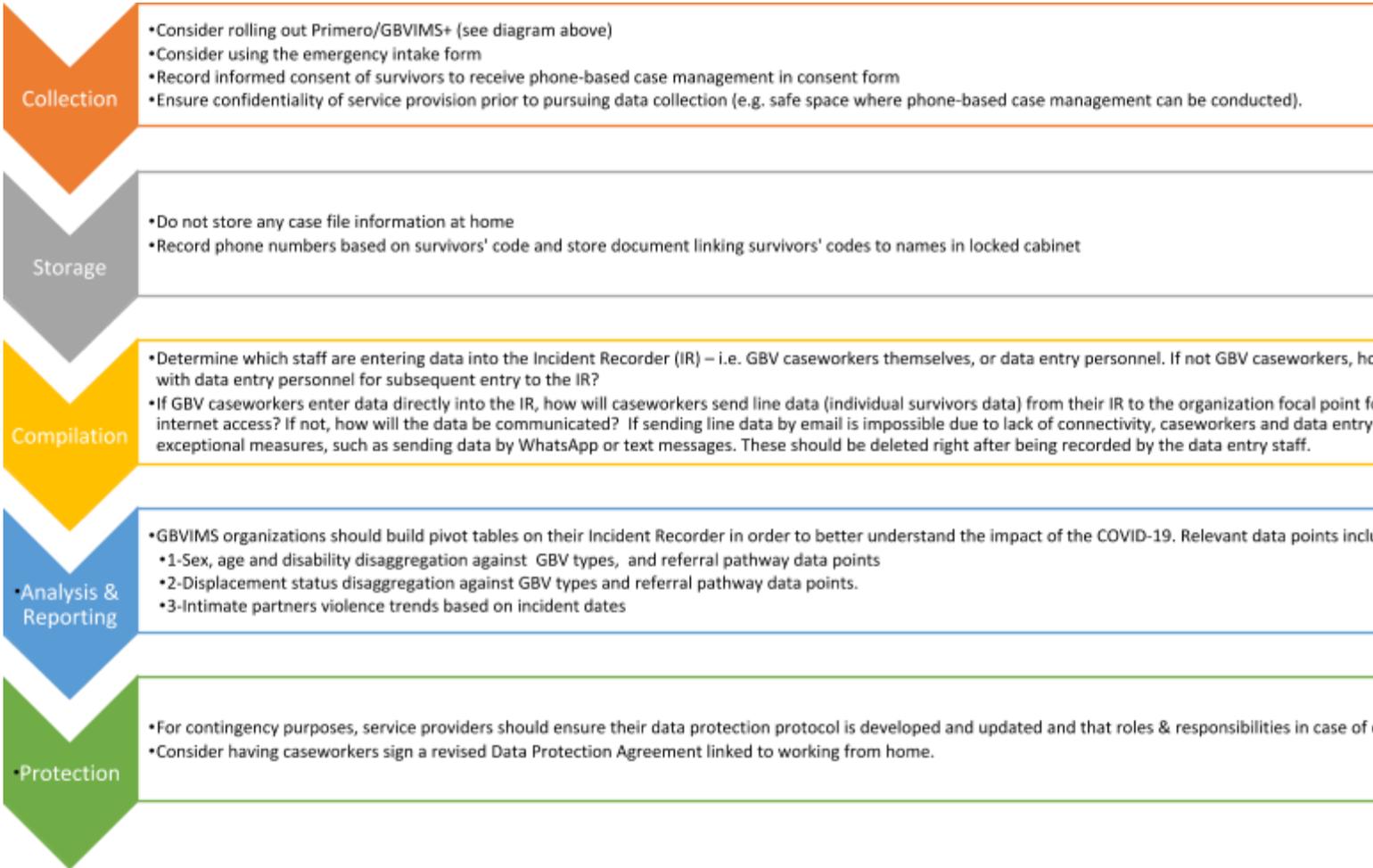


Figure 4: Recommendations for GBVIMS User Organisations during response models 1, 2(a), 2(b) and 4(b)

For models 1, 2(a), 2(b) and 4(b): If you are using GBVIMS and are GBVIMS Interagency Coordinator/Focal Point



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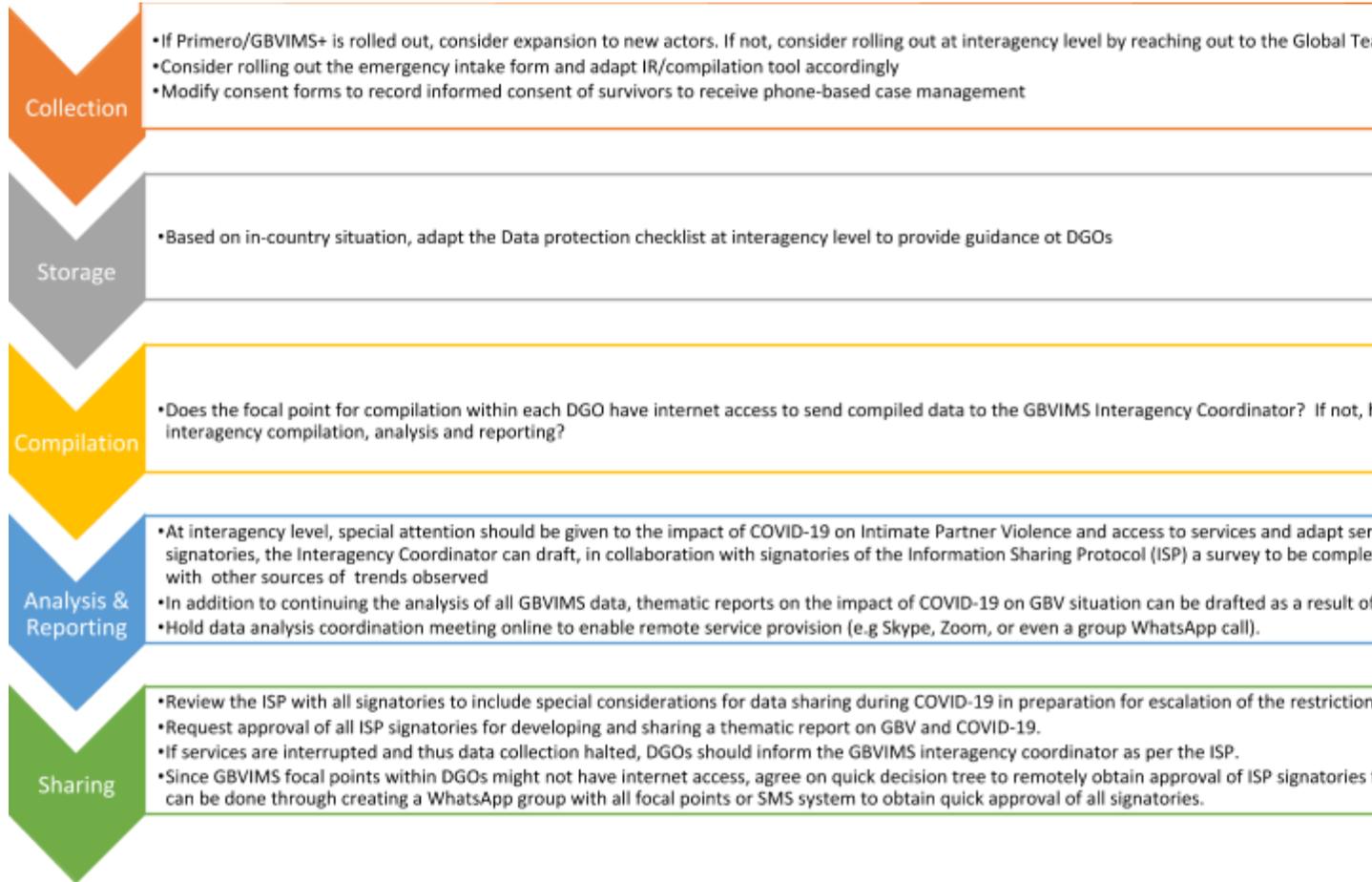


Figure 5: Adaptations for response models 1, 2(a), 2(b) and 4(b) for GBVIMS Interagency Coordinators/Focal Points



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Strengthening GBV case management information management in response to COVID-19

Usage of Primero/GBVIMS+²⁵

Primero/GBVIMS+ is the Protection-related information management system. It's an application developed to enable humanitarian actors to safely and securely collect, store, manage and share data for protection-related incident monitoring and case management. Primero/GBVIMS+ is a survivor-centered module within the system that utilizes technology enhancements to accompany the full GBV case management process, manage individual cases and referrals, as well as aggregate incident monitoring. Since 2015, under the leadership of UNICEF, the GBVIMS Steering Committee has developed and endorsed Primero/GBVIMS+ as an inter-agency GBV case management tool, used in conjunction with the 'legacy' GBVIMS. Currently, Primero/GBVIMS+ is being implemented in Bangladesh, Libya, Lebanon, Iraq and Nigeria, and is used by over 250 service provision personnel across seven organizations.

Primero/GBVIMS+ is particularly well suited to ensuring and strengthening GBV case management service provision during the COVID-19 pandemic if GBV service provision is needs to be delivered remotely through mobile phones, versus in person or static service provision, for the following reasons:

- It allows for use in low/infrequent internet connectivity contexts - which may be the case if GBV caseworkers are based at home with no regular internet connection - and it allows caseworkers to go 'paperless', which will provide a solution to paper file storage issues that GBV case workers may face when working from home. While the web version of Primero/GBVIMS+ can be used from an internet-connected computer and enjoys the highest level of functionality, Primero/GBVIMS+ can also be used offline for data entry on a **mobile device**, such as a smartphone or tablet. This version works entirely offline and can later sync data to the cloud once the user is able to access with a secure internet connection. This means no data is stored on paper or on the user's desktop. Furthermore, if mobile devices are used, a Mobile Device Management (MDM) solution can be used to ensure the safety and confidentiality of data stored.
- Where caseworkers and their supervisors may be confined to their homes, limiting in-person supervision, supervisors of caseworkers can use Primero/GBVIMS+ to conduct **remote supervision**, such as case file review for each caseworker they supervise. Findings from case file reviews can be discussed in individual or group supervision sessions. Supervisors can also use the 'approvals' feature, by which a caseworker can request supervisor approval, review and feedback for an action plan, or case closure. They can also benefit from the 'flagging' feature, whereby supervisors can add a 'flag' to a case to draw attention to a particular issue and insert a reason. In order to efficiently use the remote supervision functionality of Primero/GBVIMS+, Case Management SOPs would need to be revised accordingly.

²⁵ <http://www.gbvims.com/primero/> and <https://www.primero.org/>





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- When caseworkers are working from home and mobility is limited, it may be challenging to consolidate data from each staff member. With Primero/GBVIMS+, data is hosted on an internet Cloud, meaning that it **eliminates the need to compile data internally** in an organization – data from each caseworker is automatically compiled online. This data can be exported, by the user organization’s focal point, from the Primero/GBVIMS+ platform to the Incident Recorder (IR), and then analysis (and inter-agency sharing of aggregate, anonymized statistics) can be conducted as per the usual GBVIMS process.
- Primero/GBVIMS+ features **heightened security**. This was a crucial part of the development of this system. Primero is built in a secure framework and before it was even field-tested had threat tests conducted.

Rollout of Primero/GBVIMS+ requires sound, pre-existing case management capacity. Therefore, prior to engaging in the rollout of Primero/GBVIMS+, organizations and/or interagency coordination personnel should ensure that organizations are providing quality case management services. Prior to such a rollout, the GBVIMS global team will review quality of care by administering an integrated case management-information management quality checklist with each potential user organization.

Linkages with service provision in the context of the COVID-19 pandemic

The use of GBVIMS or Primero/GBVIMS+ in the context of the COVID-19 pandemic is interlinked with the changes in modalities of GBV service provision (e.g. from center-based to home-based) and should therefore be adapted correspondingly. Whenever possible, remote capacity-building opportunities for GBV caseworkers and supervisors should be considered. In this regard, International Rescue Committee’s ‘Rosa’ mobile application²⁶ is recommended. The Remote-Offered Skill Building App (Rosa) was designed to utilize technology and keep the community and continual skill building ongoing for staff working remotely outside of traditional offices. Rosa provides key content on GBV, case management, communication and attitude skills; offers self- or supervisor-administered skills assessments; and a community space for users to expand their learning through facilitated remote discussions and distance supervision.

For further information on Primero/GBVIMS+ or GBVIMS, please contact the GBVIMS Global Team at gbvims@gmail.com

²⁶ <https://www.rescue-uk.org/perspective/why-we-need-go-mobile-protect-women-violence>

